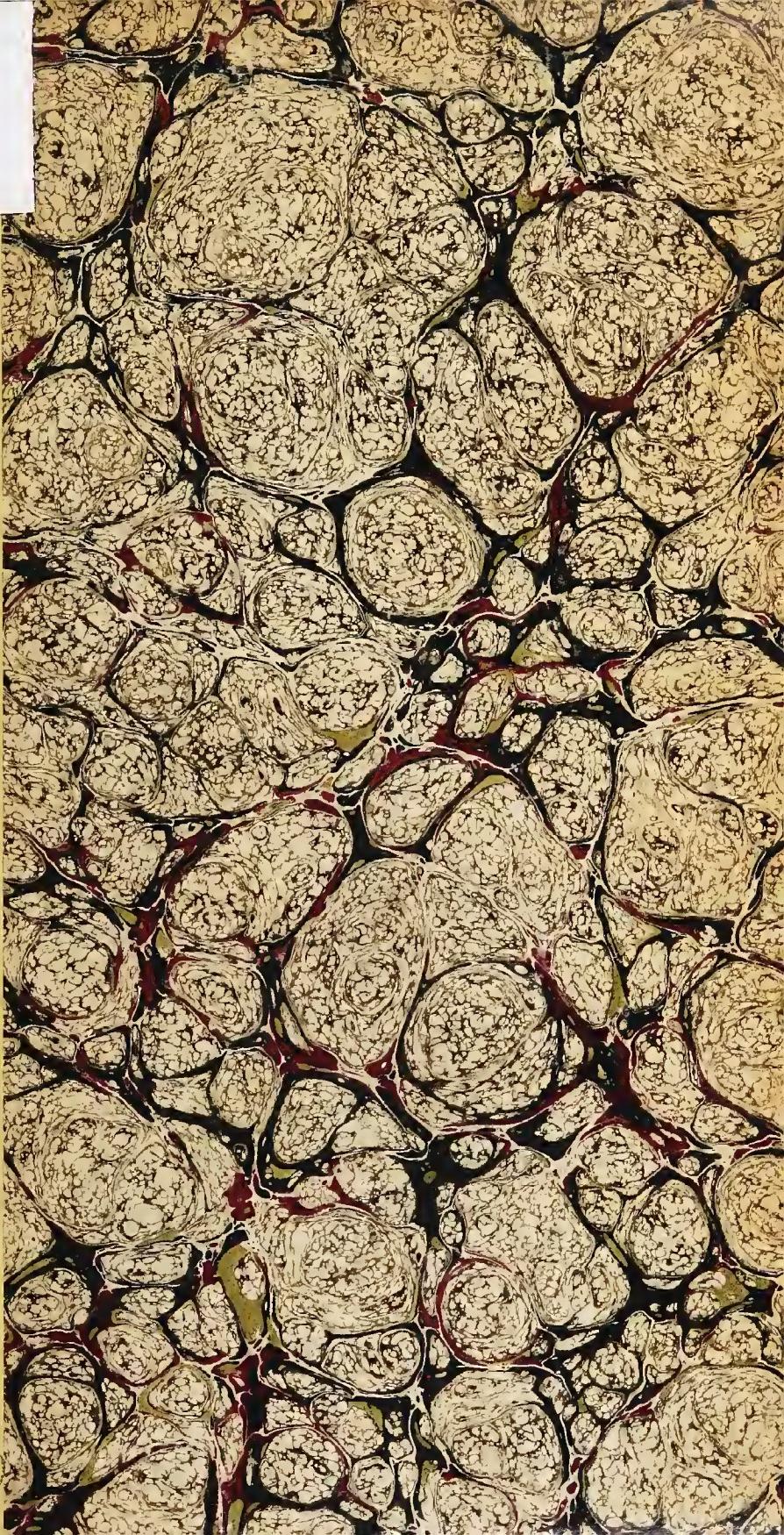


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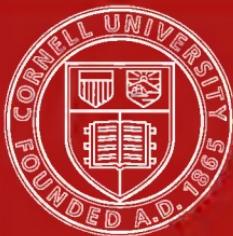
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*SYNOPSIS MEDICINÆ*  
OR  
A COMPENDIUM  
OF  
*Galenical and Chymical*  
**PHYSICK**

Showing the Art of Healing according to  
the Precepts of *Galen & Paracelsus.*

*Fitted universally to the whole  
Art of Healing.*

---

By *ZEROBABEL ENDECOTT*  
Physician of Salem in New England

*Introduced and Annotated*  
By *GEORGE FRANCIS DOW, Scriba.*

---

*This Book's a Treasure much more worth than Gold,  
A Jewel's hid in ev'ry page and fold,  
Hippocrates nor Galen ne'er did know,  
What here our author freely doth bestow.*

---

*S A L E M :*

Printed by *N. and G.* for *G. and D.* at the *Sign of the*  
*Press in City Hall Alley near the Main Street, 1914.*

The Essex Tracts No. V

TWO HUNDRED COPIES PRINTED FOR  
FREDERICK LEWIS GAY AND  
GEORGE FRANCIS DOW  
AND THEIR FRIENDS

## TO THE READER.

*W*onder not, Courteous Reader, at the Appearance of this untimely fruit ; a *Miscellany* only intended for private use : The occasion of its Publication was at the earnest request of a special friend who with many Words and Arguments gained at last, so far upon us, as to give our consent, that (although short of our intentions, or of the Lustre and Maturity, which the fulness of time might have gave it) it should be Emitted to the World. It hath been our care and diligence that herein we impose nothing upon the World; every one may follow that which pleases him; he that dislikes may pursue his own Way. It is not to be supposed that we should propose all the particulars, which are eminent against each Disease ; No, that was a work too great for our intended brevity ; it requires the farther diligence of the industrious Student, whose care in this kind may prove a double recompence for all his labour. Notwithstanding all our watchfulness and toyl in attending the Press, gross errors may have been committed, the which we hope the sons of Art will easily correct and pass by ; if any error be essential, we here profess it was never intentional, so we intreat all the lovers of Learning either in silence to pass it by, or else candidly to discover the same to our self. To those who shall deal otherwise with us, we send that of Martial the poet,

*Let him that faults shall find, himself declare,  
Faultless to be, or else to carp forbear.*

And to those that may (through envy) thus carp against what we have done, or any part thereof, we here signifie, that although we bear no contentious spirit, but have made peace our way, yet we are, and ever shall be, a professed enemy to every false thing and way, accounting nothing else so dear to us in this world as *VERITY*.

To his Ingenious Friend,  
Mr. ZEROBABEL ENDECOTT,  
Upon his Treatise, entituled  
SYNOPSIS MEDICINÆ.

*W*elcome, my Friend, upon our English stage,  
Who freely Art displays in this our Age,  
The Art of Healing mankind, who have need,  
Of able Doctors, that can Cure, with speed,  
All such Diseases which assault us sore,  
And spares no persons, be they rich or poor ;  
Health is a Jewel far more rich than Gold,  
More to be priz'd than Wealth ten thousand fold ;  
How ought we then to prize our Author much,  
Whose Labour and Industry hath been such,  
That nothing in his Book, is wanting, which  
May help in greatest danger ; and enrich.  
Thanks therefore, Noble ENDICOTT, thou shalt  
Eterniz'd for thy Fame, admir'd of me, (be  
That in so small a Tract, thou shouldst comprise  
Whole Volumes of the Learned ; But likewise  
Thou shewest how to root Diseases out,  
As Feavers, Agues, Scurvy, Pox and GOUT.  
Let Great Apollo, therefore, crown thy Head,  
And speak thy Praise long after thou art dead ;  
Then though thy Body in the Grave may rot,  
Thy NAME shall live, and never be forgot,  
Till Time doth cease, as well as Books, to be,  
And all things swallow'd in Eternitie.

Ita dixit,

G\*\*\*\* F\*\*\*\*\* D\*\*

Compilat.

## Upon the Author and his SYNOPSIS MEDICINÆ.

Zerobabel Endecott, the author or compiler of the following collection of medical receipes, was the son of Governor John Endecott by his second wife Elizabeth Gibson, and was born about 1635. Mr. Endecott was married twice, his second wife being the daughter of Gov. John Winthrop and the widow of Rev. Antipas Newman. Where he received such medical education as sufficed for his time is not known, but undoubtedly he followed the custom that prevailed until the last century and read medicine in the home of some physician living in the Bay Colony and accompanied him while visiting patients. His brother John also was a chirurgeon, as appears from a bill preserved in the Massachusetts Archives, where under date of 1668 he charged five shillings for "a Vomit and atendans" on one John Clarke, "weak and sike by reason of a scurvy and a dropsy." The public records disclose but little information of Zerobabel Endecott. In 1659, with his brother John and Daniel Samons, he was fined in the Quarterly Court for excessive drinking, a not uncommon weakness in those days. In 1665 he was ensign of the military company in Salem, and on two or more occasions he served upon the jury. In 1676 he was impaneled on a jury of inquest upon the body of one Jacob Goodale, a servant of Giles Corey, who died suddenly. It appeared that the man was "almost a Natural Fool." The body was badly bruised, and Mr. Endecott performed a *post mortem* examination and found "clodders of Blood" about the man's heart. Mr. Endecott lived on the easterly side of what is now Washington street, Salem, near the corner of Church street, and during the latter part of his life on "the orchard farm" in what is now Danversport. At his death in

1684 he bequeathed to his son John, who also was a physician and who died in England, "al my Instruments and books both of phiicke and chirurgery." The inventory of the estate shows "a case of lances, 2 Rasors, a box of Instruments, 10 booke in folio, 16 in quarto, a saw with six Instruments for a chirurgion and a chest of booke & writings" in which undoubtedly lay the little volume of recipes here printed.

Zerobabel Endecott was not alone in practicing the healing art in Salem. Soon after the settlement Deacon Samuel Fuller was called on several occasions from distant Plymouth on the south shore. In 1629 Lambert Wilson practiced there. George Emery settled in the town in 1636 and had a useful and varied career not entirely free from shady practices. In those early days much reliance was placed upon the powers of nature to expel impurities by way of the kidneys, and a glass vessel to hold urine was considered a necessity in the sick room. In 1657 Mr. Emery was fined forty shillings "for changing a bottle of water of Goody Laskin." Unfortunately it does not now appear what effect the change had upon the patient. In 1668 he committed an unnatural crime and was sentenced to sit on the gallows with a rope around his neck. At an earlier period his name frequently appears in connection with the settlement of estates. He died in Salem, Feb. 20, 1687, aged seventy-eight.

Rev. John Fiske, a graduate of Cambridge, who had studied divinity and physic as well, came to Salem in 1637, where he remained three years. Daniel Weld was living in Salem in 1664. He served as chief surgeon during the Narragansett campaign in King Philip's war, and died in 1690. His son Edward also was a physician.

Bartholomew Gedney in 1662, while a young man of only twenty-two, was practicing medicine in his native town. Colonel Gedney was a man of many parts and became prominent in public affairs. He was colonel of the Essex County regiment, commissioner of war in 1695, member of the Council, Chief Justice of the Court of Common Pleas, one of the judges in the memorable year 1692, judge of probate, and yet when he died in 1697,

his stock of "druggs and instruments and other utensils belonging to physick and chirurgery" was valued at the large sum of £60.

John Barton came to New England in 1672 and lived in Marblehead until 1676, when he removed to Salem, where he was physician, chirurgeon and apothecary. He died in 1695 at Barbadoes, of yellow fever, while on a voyage to England. His drugs and books were inventoried in May of that year and valued at £31, 19, 11. His son Thomas and grandson John also were well known physicians and apothecaries in Salem.

John Swinnerton, whose name has been made famous by Nathaniel Hawthorne, was practicing in Salem in 1680. He died in 1691, aged 57. In his will he provides "in case my sone John inclyne to study and folow my calling Then I order all my utenfells and books and manuscripts be keept for him as part of his portion."

The collection of medical recipes that is here printed was compiled by Zerobabel Endecott and bears his name and the date 1677 upon the title page. The vellum binding is badly torn and many of the leaves are much stained on the upper margins, and some of the writing has disappeared. Only the recipes are here printed, but the manuscript also contains imperfect and unimportant observations on obstetrical operations mainly relating to the removal of a dead foetus by instruments. On one page he writes :—"Thare is also another Initritment which is to be fownd in som Awthers & by them vsed which when I Came to make vse of I fownd not soe fitt nor proffitable for y<sup>e</sup> workes af I did expect which som Call a Griffins Tallon with a sharp poynt but by y<sup>e</sup> good providence of God who doth designe every man to his worke & Instruct them theiro & thirein also I was by my former employment enabled or Instructed to mak my owne Instruments fitt for present vse that was before me." This manuscript was purchased in Boston a number of years ago by Frederick Lewis Gay, of Brookline, Mass., and it is still in his possession. To the verbatim copy have been appended as footnotes various other medical recipes of a curious nature which in the main have been culled from a Compendium of Physick published in

8      *Upon the Author and His Synopsis Medicinae.*

London in 1671 by William Salmon. This volume contains over eight hundred pages and was formerly owned by Edward Augustus Holyoke, the famous centenarian physician of Salem and founder and first President of the Massachusetts Medical Society. Dr. Salmon's estimate of the necessary qualifications of the 17th century physician, which follows, applies equally well to-day, but his inventory of the implements of the profession, well illustrates the intimate and necessary association at that time of the physician and the apothecary in one individual.

"He that would be an accomplished Physician, ought to be furnished with three things, 1. honesty and a good conscience: 2. a substantial, real, and well grounded understanding through the whole Art of Medicine: 3. with all such Instruments and Neceffaries which are ordinarily made use of in the performance of any medical operation," and these instruments are listed as follows, *viz* :—

"The Paracuological Instruments, wherewith medicines are prepared, whether Galenical or Chymical, are chiefly these: A bras Kettle; an Alembick; a Circulatory; a Sieve; a Gourd; a Balneum Mariae; Tongs; a Cauldron; a File; a Hippocras Bag; an Iron Mortar; a Pestle; a Pitcher; a Marble; a glass Mortar and Pestle; a Seperator; a Funnel; a Seirce; a Prefs; a Tile; a pair of Sheers; Vials; Boxes; Gally-pots; Corks; Spoons; Strainers; Retorts; Crucibles; Receivers; Bags; Spatulas; Weights and Scales; together with a pair of Goldsmiths Bellows; and convenient Furnaces fitted for any operation.

"The Chyrurgical Instruments with which the Artist ought to be furnished, are chiefly these: A Plaister Box; an Incision Knife; a pair of Scizzors; a Spatula; two small Probes; an Uvula Spoon; a Levatory; a Director; a pair of Forceps; a Spatula Lingua; a Fleme; a small Rasour; a stitching Quill; three square pointed Needles; with a Cafe of good Launcets; and a Salvatory; letting all be kept very sharp, clean and bright."

ZEROBABEL ENDECOTT

HIS BOOKE

1677

---

Cohobated or Imbibed

---

THE VOLATILE SALT OF LEAD

Tak Lead oar dissolute it in Destilled Vinegar & Desolute  
salt in Water ; mix them & prefently there will be subli-  
mated a white powder ; Sweeten & Dry well.

Note this salt Laid vpon a wedge of Iron or file, melts  
Like wax and fumes not. Langelot

BEING GOOD FOR Y<sup>e</sup> [ ] PLAGUE BRUSES POYSONS CR

Tak Clene wax a quarter of a li Cut it into smale  
peces Put it into a Pint of good fack Put it all into an  
earthen Pott & sett it ouer y<sup>e</sup> fire melt the wax then  
Put into it  $\frac{1}{2}$  li of Venus turpentine & a Pint & half of  
Sallat oyle Let y<sup>e</sup> Tirpentine be washed in Rose water,  
boyle al together till they be Incorpor<sup>d</sup> or till half a Pint  
or more be wasted, Powr of y<sup>e</sup> water & p[ut] into it an  
ounce of Red Sanders [of] very fine [p]owder then stir  
y<sup>m</sup> together till they be Colde, the dose is as much  
as a Nutmeg or an ounce acording to y<sup>e</sup> age strength  
of y<sup>e</sup> Patient or y<sup>e</sup> disease giuen in a Cup of good fak,  
this is good also for smale pox or measels for strangury or  
Vlcers in the Blader.

ANOTHER RECEIT OF A PLAGUE\* WATER GIUEN ME  
OF A SPECIALL FREIND WHO SAID KEEP IT AS YOUR  
LIFE AND PREFERR IT ABOUE ALL EARTHLY TREASURE.

\*The Powder of Crab's Claws compounded of crab's claws, crab's  
eyes, white amber, Bezoar stone, red coral, saffron and hartshorn,

Take three pints of muskadine and boil in sage & rue of Each a Handfull till a pint be wasted. Then straine it & set it ouer the fire againe & put into Jt half an ounce of Ginger and a quarter of An ounce of nutmegs beaten to fine Powder & half an ounce of Mithriclab & half an ounce of Treacle & a quarter of A Pint of Angelica water and Let it boyle a little while & put it Jn a glafs being Close stopped [ ] it for your vse Take of this water 3 or 4 spoonfulls morning & Euening (warme) or when [you] find your selfe not well.

#### FOR WORMES OR A PURGE OR VOMIT

Take pure tartar Puluerized ȝi Sugar or honey ȝi & Spring water ȝi or ȝvi Boyle all in A Cleane Copper vessel A little time = halfe a quarter of An Houre. Scum it well in the Boyling. Take it from y<sup>e</sup> fire and Let [ ] then [ ] Keep you [ ] in y<sup>e</sup> hours time it will [ ] working. For children take leſs according to their Age and strength.

#### TO DRIVE OUT WORMES BY PURGING

Take a little Leſs quantitie of the things above mentioned and boile it in a Cleane Iron vefsell and Let it boile a little Longer and Giue is as abouefaid And Jt will

was commended by William Salmon, "Compendium of Physick," London, 1671, as "powerfull against the Plague, and all malign Feavers, as also Poyson, and the biting of venomous Beasts; it brings forth the Measles and small Pox, and expels both birth and afterbirth. Dose to gr. xii. more or leſs, according to the age and sex."

"What is used, is only so far of the tip of the Claw as looks black; the reſt is thrown away. The Crabs-Eyes are a ſtony Concretion in the Head of the Craw-fiſh, and not the Eye of the Creature. Compound Powder of Crab's Claws.—Take of prepared Pearls, of Crabs-Eyes, red Coral, the whiteſt Amber, Calcined Harti horn, and oriental Bezoar, of each 1 ounce; of the Powder from the black Part of Crabs Claws, the weight of all the other; and make them into a fine Powder, which is to be formed into Balls, with a Solntion of Gum Arabic. This is alſo known as Gafcoign's Powder. It was in a former Dispensatory ordered to be formed into Balls, with a Jelly made of Viper's ſkins; but that Diſference is of no great moment."—*English Dispensatory (Quincy), London, 1742.*

PLAUE. To the *Bubo* apply dried Toads, pricked through, and ſteeped in Vinegar.—*Compendium of Physick (Salmon), London, 1671.*

worke downwards and sometimes vomit very Gently & very safe

3i of white vitrioll taken and a good draught of ale or beer drunke after Jt purges by stool which w<sup>h</sup>out the drink will vomit only.

#### FOR COSTIVENESS AN EASY & A RARE MEDICINE

Stewed Pruines & theyr Syrup 2 hours Before dinner and wine and [ ] mixed together a little before the [ ] and a Little after.

[ ]

Take y<sup>e</sup> Leaues or Roots of fiue finger & brambles & the Roots of strawberys & plantens, boyle them in water straine them out & put to it a Little hony & gargle y<sup>e</sup> mouth & throte & swallow a Little of it 2 or 3 or 4 times a day as hott as may be

#### FOR Y<sup>E</sup> BLOODY FLUX

Stone horses Liuers\* dried in an ouen being heat for houfshould bread, made into powder & giuen a spoonfull at a time in milk

#### FOR Y<sup>E</sup> OVERFLOWING OF Y<sup>E</sup> MENSTRUIS

Take y<sup>e</sup> fine Red powder of Shumak as much as will Ly on a f hilling at twice in good wine, Tent wine if it be to be had, Doe this once or twice or 3 times if need be, it haue done great Cures.

[ ]

Take 3ij of [ ] & make it to very fine powder put it into a strong ✕ & put to it as much Rectified spirit of wine as will Couer y<sup>e</sup> & a fingers bredth then fitt a tile to y<sup>e</sup> mouthe of y<sup>e</sup> ✕ & Lute it well with potters earth & sett it in hot ashes 12 howers then crease y<sup>e</sup> fire till it be

\*Fox LUNGS for the mending of human lungs hardly able to respire, and BONE OF A STAG'S HEART are mentioned in the *English Dispensatory (Quincy), London, 1742.*

all Red hott then will y<sup>e</sup> δ be turned Red if y<sup>e</sup> preparation be not to your mind you may Repeat this operation 2 or 3 times. y<sup>e</sup> Dose is from 1 graine to 10 or 12: This is Capt Barefoots\* Panacea.

### FOR A SPRAINE

Take stronge bere este & honye of equall quantyty & boyle them to the Confistanty of honye & so apply it hott to y<sup>e</sup> place greeued.

### A [ ] y<sup>e</sup> BLACK [ ]

Tak a quart of y<sup>e</sup> best Sallet oyle & a li of Red Lead beat & sift y<sup>e</sup> Lead stir it well into the oyl set it over a soft fire & Keep it stirring & when it begins to boyl put into it Beeswax y<sup>e</sup> quantity of a Large walnut Cut in Smale pieces & when it begins to Look black take it of y<sup>e</sup> fire still stirring it till it hath done boyling then put in as much Saffron made into fine powder [as] will Lie on a Sixpence then powr it into wooden dishes first dipt in water.

### [ ]

Take of good δ li 1 beat it Smale take also 2 li of pure Niter make y<sup>t</sup> also to fine pouder mix them well then take a Large Crufible set it vpon hot Coles till it be Red hott then Cast in your mixture with a spoon a Little at a time till it be all spent Let it stand vpon y<sup>e</sup> fire of a good Red heat for half an howre then take it of y<sup>e</sup> fire & with a small Spattula take it out of the Vessell into a Smale quan[ti]tie of warme water break it & wash it well then Lett it stand & s[ink] to the bottom then powre of the Cleer & Keepe it for Vse put on more hott water wash it well & breake & grind all y<sup>e</sup> Clods So wash and Decant the water Till y[ ] then dry it & [ ] & ad to it li 1 of good ⊕ fine pouder mixed as before & put it into a hott Crufible & vse it in all Respects as befor wash & grind y<sup>e</sup> Clods till y<sup>e</sup>

\*Capt. Walter Barefoot, gentleman, of Newcastle, N. H., an official in the Provincial government who took an active part in the controversies of the period.

water is no more salt then put it in to warm water stir it about that the water may be thik as milk then poure it of into another Vessel Doe this till all your δ that is prepared be poured of Lett it stand & settel & powr of ye Cleere water till it be all off Let y<sup>e</sup> pouder dry & Keep it for Vfe.

The Dose is from 3 graines to 24 in feauers or any fiknes or paine that Requires sweatt it is a strong Cordiall & may be safly Vsed for maides fiknes & for women in Child bed though y<sup>e</sup> person be Very weak Let your work be Done [ ] for ♀ will [ ] Vomit

#### FOR Y<sup>E</sup> FLUX OF Y<sup>E</sup> BELLY

Take Anisseedes Liquerish & Ellecompaine Roots beaten to powder & made into an electuary with hony & tak of before meat euery an hour as much as a Nutmeg or wal-nut if need be M<sup>r</sup> Alcock\*

#### FOR EXTREME THIRST & VOMITING IN A MALIGNANT FEAUER

Take salt of wormwood Di and a spoonfull of the Juce of Lemonds mix them in a spoon & giue it the patient

#### FOR STONE IN THE KIDNES AND BLADER OR TO PROUENT IT

Take wild Carret seeds & boyle in Ale & drinke Dose 3ii euery Night

#### AN OTHER

Take 3 Drops of oyle of Fenill once a day

#### FOR TH[ ] L[ ]ETS

Take Rafins of the sun stoned and figgs of Each a pound mother time maiden haire Liuewort, Comfree, Elder buds, Knot grase fheperds pouch Egrimony of Each a handfull harts horne Rasped a handfull boyle all in a gallon of good wort till 3 pints be wasted straine it out Drink of it 3 times a day

\*Dr. John Alcock, a celebrated physician of Boston, who died in 1667.

FOR Y<sup>E</sup> DROPSIE OFTEN PROU<sup>D</sup> & ESPETIALLY VUPON ONE MAN, OTHER MEANES VSED BY MEN OF SKILL FAYLED THIS WAS AFFECTUALL

Tak good store of Elder roots wash them & make them very Cleane then splitt them & steepe them in strong ale wort & Lett them stand together while y<sup>e</sup> Ale is working then when it is 2 days old drinke of it morning Noone & at night till health be obtained Lett there be as many of y<sup>e</sup> Roots as Can well be steeped in the Ale The flow-ers are of the same vse & more powerfull

#### AN OTHER

Take Rie flower make past with water Role it thin and with y<sup>e</sup> greene Leaues of Sage & a Littl Rosemary fill it as pye bake it very dry beat altogether & take halfe a spoonfull at a time in a wine Cupfull of your beere

#### FOR Y<sup>E</sup> SCURUY\* BY GALENICUS THE DUKE OF VENUS

Drink a strong Decotion of Wormwood for many dayes together.

#### FOR A SORE THROTE† OR KING'S EUELL

Take Guaiacom sliced ȝiiij y<sup>e</sup> bark of Guaiacom ȝi infuse in 6 quarts of fair water on hott ashes 24 hours then boyle it ouer a gentill fire till a third part be wasted then add of Epithimum Pollepodium ana ȝii fumitory borrage & buglose Roots flowers of Rosmary Prim Rose

\*Some have got a Notion of Urine being good for the Scurvy; and drink their own Water for that end; but I cannot see with what reason.—*English Dispensatory (Quincy), London, 1742.*

†QUINSEY. First bleed, and purge with *Dincaffia*, after vomit with *Vinum Antimonii*; rub the tongue with the juice of Crab-fis h and Houfleek, taking a little inwardly; \* \* \* ashes of burnt Crabs, of Swallows, and Tincture of Corals, are excellent in the bastard Quinsey; the ashes of an owl (feathers and all) blown into the throat, opens and breaks the Imposthume wonderfully.—*Com-pendium of Physick (Salmon), London, 1671.*

*Dog's White Dung.* This is said to cleanse and deterge; but it is used in little else but Inflammations of the Throat, with Honey; and that outwardly, with Honey spread as a Plaster, more than any other way, but seldom, as appears, to any great purpose.—*English Dispensatory (Quincy), London, 1742.*

Cow s flips Violets & sweet fenill seeds of Each 3fs boyle it till a quart be wasted then add Sena 3ijj boyl it a Little & straine it & Clarifie it with whits of Eggs sweeten it with Sugar

Giue 2 or 3 spoonfulls euery morning to a child more to a groune Person: enough to give 2 or 3 Louf stooles in a daye for 8 days together this aLone haue Cured the Kings Euill

FOR [ ] WHITS

Take Cleere turpentine 3i and Ruberb 1-2 3 in fine powder mix them & Take for many Days together

FOR PAINE IN Y<sup>E</sup> EARE.\*

Take mithredate & put it into the eare with a Little wooll & Keep it warme

FOR A COUGH†

Take eggs boyle them till they bee hard hold them in your hand one at a time as hott as you Can suffer it & with y<sup>e</sup> heat & strenght of your hand press out the oyle, take a quantity of this oyle & a Little powder of Alloeſ & fine Sugar make it into a surrup take a Little of this surrup as often as need Require this is Comended by G : as if non Could Equall it

A BALSAM OR LIQUER THAT WILL HEAL SORES AS FOR  
NEW IN MAN OR BEAST

Tak very strong wort 3 gallons being all y<sup>e</sup> first of a boufhell of good malt then tak of Comfray roots & Elder

\*DEAFNESS AND SLOW HEARING. The juyce of Radifhes, fat of a mole, eele, or Serpent, juyce of an Onyon foaked in Sperrit of Wine and roasted, effence of a mans or Bullocks gall, are all very excellent. In difficulty of hearing, distilled Boyes Urine is good; but better is the Oyl of Carawayes.—*Compendium of Physick (Salmon), London, 1671.*

†Cup Moss. This with ſome other Mofſes of like kind, have been mightily in vogue amogſt the good Women for their Children's Coughs; but they have not obtained in official nor extemporaneous Priefcriptions. They are ſaid to be infallible in that which is commonly called the Chin-Cough.—*English Dispensatory (Quincy), London, 1742.*

roots of each 2 handfuls the Leaues of Crud tobacco a handful Lett the Roots be brused & boyled till half be wasted Put it into a Vessell & Keep for Vse Put into it 3 li of hony before you take it of the fire, if it be a deepe sore tent it, if an open sore wett a Duble Clout & Lay on the fore Dress it always warme

#### FOR Y<sup>E</sup> SCIATICA OR PAINE IN Y<sup>E</sup> BACK OR SIDE\*

Take smale fern & steepe a handfull of it in a pint of wine all night & drink it in the morning fasting

#### FOR DISSINES IN THE HEAD

Tak Fetherfew & steepe it in beer & drink first at morning & Last at night

#### A POWDER FOR Y<sup>E</sup> DISSINES OF Y<sup>E</sup> HEAD FALLING SIKNES† & HART QUALMS THAT HAUE BIN OFT VSED

Whit amber 3ii Diarrhodian 3ii Seeds of Peony 3ii miselto 3i the fillings of a Deadmans skull 3i mak all

\*Burning "Spnck," an excrescence growing out of black blrch, in two or three places on the thigh of a patient, helps sciatica.—*New England's Rarities (Josselyn), London, 1672.*

†FALLING-SICKNESS. In Children. Afhes of the dung of a black Cow Bi. given to a new born Infant, doth not only preserve from the Epilepsia, bnt also cure it. In those of ripe Age. The livers of 40 water-Frogs brought into a powder, and given at five times (in Spirit of Rosemary or Lavender) morning and evening, will cure, the sick not eating nor drinking two hours before nor after it.—*Compendium of Physick (Salmon), London, 1671.*

Peacock's Dung is reckoned a specific in Epilepsias, and its use is commended in Vertigo.—*English Dispensatory (Quincy), London, 1742.*

‡SALT OF MANS SKULL. The skull of a dead man, calcine it, and extract the Salts as that of Tartar. It is a real cure for the Falling-fickneis, Vertigo, Lethargy, Numbnes, and all capital dif-eases, in which it is a wonderful prevalent.—*Compendium of Physick (Salmon), London, 1671.*

It is to be feared that this has obtained a place in medicine, more from a whimsical Philofophy, than any other account. \* \* \* A dead Man's Hand. This is supposed, from some superstitious Conceits amongst Common People, to be of great Efficacy in dispersing scrophulous Tumours. The part, forsooth, is to be rubbed with the dead Hand for some time. And Report furnishes us with many Instances of Cures done hereby; some of which may not improbably be true, both as the Imagination in the Patient contributes much to such Efficacies, and because the Senfation which stroaking in that manner

into very fine Powder & tak of it as much as will Ly on a shilling 2 or 3 nights together befor the new & befor the full moon take it in Saxony or bettoney water

#### FOR RUMATICK PAINES & TO COOLE Y<sup>e</sup> LIUER

Tak the Conserue of the frut of Sweet brier as much as a good nutmage morning & Evening

#### FOR Y<sup>e</sup> STOPING OF Y<sup>e</sup> MENSTRUUS

Tak nutmegs 3i Cinamon 3ii safron 3i Clounes if you Please 3i or 3is crocus martis Calfined the waight of all y<sup>e</sup> Rest al in fine Pouder, Dose as much at a time as will Ly on a broad 3<sup>d</sup> morning & Euening & a Cup of good madera wine after it ther maye be added falt Absinthiom or tobacco

#### AN EXELENT MEDISEN TO BREAK A SORE WITH SPEED OR FEW HOWERS

Take the iner bark of the Roots of white thorne bruise it well & Laye it vpon the place whare you se beft for y<sup>e</sup> sore to break & after a Little while it will draw very strongly till y<sup>e</sup> sore break & then will Ceace then you may dress the sore with other medefin at your desir

#### FOR VOMETING & LOOSNES IN MEN WOMEN & CHILDREN

Take an Egg break a Little hole in one end of it & put owt y<sup>e</sup> white then put in about  $\frac{1}{2}$  spoonfull of baye falt then fill vp the egg with strong Rom or spirits of wine & sett it in hott ashes & Lett it boyle till y<sup>e</sup> egg be dry then take it & eat it fasting & fast an hour after it or drink a Little distilled waters of mint & fenill which waters mixed together & drank will help in most ordinary Cafes cr

gives, is somewhat surprizing, and occasions a shuddering Chilnes upon the Part touched; which may in many cases put the Fibres in such Contractions, as to loosen, shake off, and dislodge the obstructed matter; in which consists the Cure.—*English Dispensatory (Quincy), London, 1742.*

*Mummy.* This is the Fleſh of Carcasses which have been embalm'd. But altho' it yet retains a place in medicinal catalogues, it is quite out of vſe in Prescription.—*English Dispensatory (Quincy), London, 1742.*

## FOR A PERSON THAT IS DISTRATED JF IT BE A WOMAN\*

Tak milk of a Nurce that giues fuck to a male Child & alfo take a hee Catt & Cut of one of his Ears or a peece of it & Lett it blede into the milk & then Lett the sick woman Drink it doe this three Times

AN [ ] Y<sup>e</sup> GOUT

Take Planten water hisop water & Brandy & Creame that is not too new boyle them together to an oyntment & anoint the place griued twice or 3 times a day

## FOR A BRUSE IN ANY PART OF THE BODDY

Take of honey a Spoonfull & yeft or barme or the emptings of strong beer twice as much warm them & mix them together & apply it to the place greeued admirable effects hane bin wroght by this means it hath feldom fayled in Caffes very Difficult in any part of y<sup>e</sup> boddy though y<sup>e</sup> bones hane femed to be bruised though it hath ben in head & in broken bones it easeth paine & vnites the bones fodainly

FOR Y<sup>e</sup> [J]ANDIS]†

Take y<sup>e</sup> Juce of Planten and Camomell 3 or 4 spoonfuls in warme Poffet ale morning & Euening it helps in few days

\*GOOSE-DUNG. The Exerements of most Birds are accounted hot, nitrous, and penetrating; for this reaſon they paſſ for Inciders and Detergents, and are particularly reckon'd good in Distempers of the Head; but they are now almoſt quite laid aside in Practice. *Elk's Hoof* is alſo eſteemed of mighty Efficacy in Distempers of the Head. Naturaliſts tell us that the Creatuſe iſelf firſt gave to Mankind a Hint of its Medicinal Virtues: for they ſay, whenever it ails anything in the Head, it lies in ſuch a Poſture as to keep one of the tips of a Hoof in its Ear; which after ſome time effects a Cure. But this I leave to be credited by thoſe of more faith than my ſelf.—*English Dispensatory (Quincy), London, 1742.*

An Hyteric Emulſion. Take Aſſafoetida 2 drams, diſſolve cold in a mortar with a pound and half of Black-Cherry-water, and ſtrain for Vſe. This is tolerable, for its ſtinking Scent, but to few; yet where it can be got down, it is very prevalent in checking the inordinate Orgaſm of the Spirits, and preventing thoſe Convulſions and Frenzieſ of Mind which arife therefrom; it may be drank in the quantity of 2 ounces, according to the Urgency of the Symptoms.—*English Dispensatory (Quincy), London, 1742.*

†HOG-LICE WINE. Take Hog-Lice (i. e. Wood lice or Sow bugs), half a pound, put them alive into two pound of White Port Wine, and after ſome Days Infuſion ſtrain and preſs out very hard, then

Mir Turmarik & safron made into fine powder & drank twice or 3 times a day in Poffett ale is Exelent good Dose  
Di or Lett the sik Person drink their own Vrin twice a day or y<sup>e</sup> Volatile salt of Vrin [ ] morning & Euening in Poffet ale

### To EAS PAINES IN FEAUERS\*

Tak Cardamoms or Graines of Paradice ȝi Nutmegs ȝis Safron Dij Sugar ȝii mak it to fine Pouder & giue at any time as much as will Ly on a shilling at a time my pill is better if the boddy be Loos

### FOR [ ] JING COUGH

Tak of aniseeds Liquerish & Elecompaine Roots Ana ȝi make it to very fine Pouder, Loafe suger lbi search them through a Lane siue then take y<sup>e</sup> Remainder y<sup>t</sup> will not go through the fine with Fenill sage broad time & finquefile of each a smale handfull stamp them well & byle them in 3 pints of water till a pint be wasted then straine it out & ad som more suger to make it into syrup then put it vp for vse y<sup>e</sup> vse of it is take a peec of whit bread & make a toste euery morning & euening & take as much of y<sup>e</sup> syrum as will wett it then tak as much of y<sup>e</sup> Pouder as will Ly one a shilling & strew it vpon the tost and eat it & drinke 2 or 3 spoonfuls of the Syrum

put in Saffron, 2 drams, Salt of Steel, a dram, and Salt of Amber, 2 scruples, and after 3 or 4 Days strain and filter for Use. This is an admirable Medecine against the Jaundice, Dropfy, or any cachectic Habit.—*English Dispensatory (Quincy), London, 1742.*

\*PLAISTER OF SPIDERS. Venice Turpentine ȝiii, melt it; then adde live Spiders No. xxx mix them with a Pestle till the Turpentine be of an Ash colour, and the Spiders appear not; then heat it, and adde of small Spiders No. xl. stir them again, adding powder of Asphaltum, and white Sal Armoniack, ȝiii. grinde them till the matter be cold and very black; keep it 14 dayes, then soften it at the fire, and with your hands dipt in oyl, make it up. Make Plaisters thereof, and cover them with leaf-silver or gold, and lay them to the pulses of both wrists an hour before the fit of a Feaver or Ague comes, leave them on nine dayes, then at the same hour cast them into running water; by this means the Plaifter cures all Feavers or Agues.—*Compendium of Physick, (Salmon), London, 1671.*

*Herring in Pickle* is often prescribed in a Catapla/m to the Feet in Feavers; because it is reckoned to draw the Humours downward and thereby relieve the Head.—*English Dispensatory (Quincy), London, 1742.*

FOR Y<sup>e</sup> [ ] & LOOSNES

Rhubarb fliced & made very dry & beten to pouder & giue half a Dram at a time ; oyl of Cinamon is very good 3 or 4 Drops at a time oyle of Fenill & mint is very good

FOR Y<sup>e</sup> COLIK OR FLUX IN Y<sup>e</sup> BELLY\*

- 1 the powder of Wolues guts
- 2 the powder of Bores Stones
- 3 oyle of Wormwood a drop or 2 into the Nauell
- 4 3 drops of oyle of Fenill & 2 drops of oyle of mints in Conserue of Roses or Conserue of singe mallows, if y<sup>e</sup> Paine be extream Vse it a gaine, & if need Require aply somthing hott to the belly

## FOR SHARPE &amp; DIFICULT TRAUEL IN WOMEN WITH CHILD BY J C

Take a Lock of Vergins haire on any Part of y<sup>e</sup> head, of half the Age of y<sup>e</sup> Woman in trauill Cut it very smale to fine Pouder then take 12 Ants Eggs dried in an ouen after y<sup>e</sup> bread is drawne or other wise make them dry & make them to pouder with the haire, giue this with a quarter of a pint of Red Cows milk or for want of it giue it in strong ale wort†

## A WONDERFULL BALSAM FOR FISTULOS. &amp; VLSERS

Take Borax ȝij put it into a strong stone botle of 2 quarts : stop it Close with a good Corke & then Couer it with sealing wax very Close & sett it into the bottom of a

\*FLUX OF THE BELLY. *Burnt Harts' Horn* is reckoned a Sweetner and is much used in Decoction against *Diarrhoeas*; and Fluxes of the Belly. *Sharings of Hart/horn* is much more in esteem amongst *Family Docresses*, than in the shops; but what most gives it a Title to this Place, is that *Jelly* which it is easilly boiled into in common water, and is accounted very nourishing and strengthning. *Sharings of Ivory* is much of the same nature as the former, and boils in the same manner into a *Jelly*.

*Goat's Blood.* This is in a few Compositions under the same Intention as the former; but it is not at all known in common Prescription; and is deservedly almost forgot.—*English Dispensatory (Quincy), London, 1742.*

†Beaver's cods are much used for wind in the stomach and belly, particularly of pregnant women.—*New England's Rarities (Jessey), London, 1672.*

well or Cold Spring the Space of three yeeres then take it out [when it will] al be turned to a balsam whare with you may dress Sores

#### FOR A CANCER IN A WOMANS BREST

A woman at Casko bay had a Cancer in har brest which after much menes vfed in Vaine they aplyed strong beer to it with Duble Cloths which it drank in Very Greedyly & was somthing eased afterwards beer fayling they Vfed Rum in Like maner which seemed to Lull it a sleepe afterwards they put Arsnik into it & dress ing it twice a day it was Parfactly whol in the meane time har Kind huiband by Suking drewe har brest with y<sup>e</sup> Lofse of his Fore teeth without any farther hurt Re N Englands Experiences

#### FOR Y. [ ]ODS

Tak Roman Vitriall & disolute it in water till it Look blew then bathe y<sup>e</sup> Part affected Pretty warme with a Ragg or a bitt of Spunge twice a daye & when you haue done bathing sitt a while vpon a hott oake bord euery time you bath it

Balsam of Peru is Exelent for wounds being aplyed hott with Lint & the Lips of y<sup>e</sup> wound kept Close its also as good for Bruses aplyed warme as foone as may be after the hurt

#### TO STENCH BLEEDING\* IN A WOUND

Take a peec of Salt Beef & Rost it in the hott Ashes then make it Cleane & put it into the wound & the blood will stop imediately

\*BLEEDING AT NOSE. If the flux be violent, open a vein on the same side, and cause the sick to smell to a dried Toad, or Spiders tyed up in a ragg; \* \* \* the fumes of Horns and Hair is very good, and the powder of Toads to be blowed up the Nose; \* \* \* in extremity, put teats made of Swines-dung up the nostrils.—*Compendium of Physick (Salmon), London, 1671.*

Cow's Dung. This seems to be of a hot penetrating Nature; and is experienc'd to do good in Erysipelous Swellings. This Cataplaſm is also highly commended by ſome in the Gout. Pigeon's Dung is ſometimes ordered in Cataplaſms, to be applied to the ſoles of the Feet in malignant Fevers and Deliriums. Hog's Dung. Is alſo uſed by the Country People to ſtop Bleeding at the Nose; by being exer-nially applied cold to the Noſtrils.—*English Dispensatory (Quincy), London, 1742.*

**M[ATTHEW]S PILL**

Take equal parts of India Salt Peeter & the best white Rhenish Tartar & pound them & Driue them through a haire sieue & in a yellow Pipkin or new Chamber pott of earth sett vpon charcoal, put it in by spoonfuls till all be burned white This is Called the salt of tartar, note if it will not fire, touch it with a Live Coal & it fires, while this is warme pound it to grose pouder & put it into a well glazed dish, or which is better a glaſſ body and Lett it stand Couered with the oyl of Turpentine two fingers high aboue the Tartar; stir it with a wodden Spattula Supply it with Oyl that it be always Couered for six moneths till it be [ ] to Sope or be of a body the thicknes of greafe or an Electuarie this is the true Corrector of opium and all Vegetiue poysons & the greatest Treasure in the world Take of this Corrector two pound of opium one pound of white hellebor in one pound Englifh Liquorish one pound Lett all be Sufficiently incorporated at feuerall times by a ſtrong arm in an Iron morter, be fure the Corrector haue thorough ingres and haue a Care to Chuse Opium wrapped in the Leaf ells it may be Sofifticated, & then you will Loſe your operation

**FOR TO MAKE A MAN VOMIT PRESENTLY THAT IS SICK AT HIS STOMACK**

Take white Copperes 3i in powder in a Little Beere or Water & it will Cauſe one to vomit preſently

**FOR Y<sup>E</sup> PLURISIE\***

Take the Leaues of wild mallows & boyl them in Oyle & being taken out bray them in a morter & put them into a peece of Lining Cloth & applie it to the grefe and preſently it will Cauſe the paine to Ceafe Don Alexis

**FOR THE PLURISIES**

Take an Apple that is of a Sweete fente & taste in it a hole taking out the Core fo that the hole goeth not

\*PLEURISY. *Stone-Horſe Dung* ſeems to owe its preſent Credit in medicine to the modern Practice. It is certainly of great Efficacy in Pleuries, Inflammations, and Obſtructions of the Breast. In all these Intentions it is now very much preſcribed.—*English Dispensatory (Quincy), London, 1742.*

thorow & put into the hole 3 or 4 graines of Frankincense of the male Kind Otherwise Called olibanum then Couer againe the saide hole with the Little Pece of Apple that you tooke of first & Rost it apon the Embers so that it burne not but that it may waxe tender then take it from the fire and breake it into fower parts with all the frankencense in it & so giue the patient it to eate it will by & by make the Impostume to break & heale him

A WATER OF A MARUELLOWS & EXELLENT VERTVE TO  
BRING THE SIGHT OF THE EIES TO HIM THAT HATH LOST  
IT OR DEMINISHED BY SICKNES\*

Take 3iii of tutia mad in powder very Smale & as much Aloe Epaticum in powder, 3ii of white Suger and fix Vnces of Rose water, fix Vnces of good white wine Rather swete then other wine: but too swete wine is not Commendable mix all these together & put it in sum Cleene Vessel or glasse & being well closed & stopt set it in the sun a moneth together Continually mixing & stirring together all the sayd things once a Daye at Least to the Intent they maye Jncorporate well together this done take of the same water & put Certaine Drops of it vpon your Eyes morning & Euening & in Continuing so a Certaine space it will Cause the Sight to Coume againe as Cleere & as pure as Euer it was before

Don Alexes

FOR THE SHINGLES

Take howse leeke Catts blod† and Creame mixed together & oynt the place warme or take the mofs that groweth in a well & Catts blod mixed & so aply it warme to the place whare the shingles be

\*BLOOD-SHOT EYES. Breast milk mingled with Rose water and a little Saffron, is very good.—*Compendium of Physick (Salmon), London, 1671.*

†GOAT'S BLOOD is mentioned in the *English Dispensatory* of 1742 as “deservedly almost forgot.”

## FOR THE GOUTE\*

Take Ligmamuita 5xvi Sarssaparilla 5viii fennel Seeds 5vi Boyle them in 2 Gallonds of water in a Pott Close Stopped till halfe be Confumed then put it vp in a glasse Botle well Stopped & Every morning take Sumthing Leſſ then a gill & ſo in the Euening

Then take thofe Jngredienteſ & Boyle it ouer againe in 2 or 3 Gallonds of water more & So Keepe it for your Continiall Drinking at any time During the time of your Jllnes Proued Very Affectiall apon a man at Dunkerck

## CLEFTS OF THE HANDS &amp; FEET IN DE LUE VENERIA

Hercules Saxonia De Lue Vener Chap 30 writes that he has obſerued a certayne woman who for Eight years together had Clefts in har hands & had vſed y<sup>e</sup> help of all the Venetian and Padua Doctors to no purpoſe, was in a ſhort time eaſily Cured with the Juce of an herb which Some Cal mugwort others tanſie being Carefullly dropt

\*QUINTEſſENCE OF VIPERS. Fat Snakes, Adders or Vipers in June, caſt away their heads, bowels and gall, cut them into bits, and dry them in a warm Balneo; then put them into a bolt head with Alcohol of Wine, ſo much as may overtop them eight fingers breadth; ſeal the glaſs Hermetically, and diget for twenty days in Balneo, then decant, etc. etc.

This Quinteſſence is of wonderfull virtue for purifying the blood, flesh and ſkin, and taking away all diſeases therein; it cures the falling ſickneſſ, strengthens the brain, ſight and hearing, preſerveth from gray hairs, and renovates the whole body, making it become youthfull and pleaſant; it hindereth miſcarriage, provokes ſweat, is good againſt the Plague, and all malign Feavers; it cureth the Gout, Conſumption, and French Pox, and ought to be eſteemed of the Sons of Men as a Jewel. Dose 3i. morning and night.—*Compendium of Physick (Salmon), London, 1671.*

Take any number of Vipers, open and cleanse them from all Worms and Excrements, and the Females from their Eggs: Take out their Hearts and Livers; dry them in the ſhade ſeparately from their Bodies, etc. etc.

\* \* \* This reminds us of another celebrated Property of theſe Animals, viz. That they, in a wonderful manner, invigorate the Organs of Generation, and render prolific thoſe conjugal Intercoſcours, which might have been often repeated in vain without their help. For this purpoſe the Viper-Wine is in prodigious eſteem. The Skinks, a kind of amphibious Lizard found in Egypt upon the River Nile, and scarce above five Inches long, hath an Alexiphamic Quality ascribed to it, and a tendency to excite Venery. They ought to be choſe large, plump, heavy, dry, entire, and if poſſible unſouc'h'd by the Worm.—*English Dispensatory (Quincy), London, 1742.*

with a feather into all the Clefts and forbaring to wash  
har hands at all and that he hath found the Same Juyce  
profitable in Ringworms and Crusty Vleers

### BASILICON THE GREATER

Take of white wax, pine Rozin, heifers Suet, Greek  
pitch, Turpentine oLibanum, mirrh, of Each one ounce :  
oyle fие ounces powder the olebanum and mirrh, and the  
Rest being melted make it into an oyntment according to  
Art.

### BASILICON THE LESS

Take of yellow wax, fat Rozin, Greek pitch, of each  
half a pound : oyle nine ounces : mix them together by  
melting them according to Art

Both this & the former heat, moisten, & Digest procure  
matter in wounds & bring the filth or Corrupted blood  
from green wounds : they clese and ease Pain

### VNGUENTUM DIALTHOEA OR OYNTMENT OF MARSH MALLOWS

Take of Common oyl four pound mussilage of marsh  
mallows Roots Linseeds and fenugreek Seeds two pound :  
boyl them together til the watry part of the mussilage  
be Consumed then add wax half a pound : Rozin three  
ounces : Turpentine an ounce : boyle them to the Con-  
fiance of an oyntment

But Lett y<sup>e</sup> mussilage be prepard of a pound of fresh  
Roots bruised and halfe a pound of Each of the seeds  
steeped and boyled in eight pound of Spring water and  
then preffe it out

This heat and moyften helps pains of the Breasts  
Coming of Cold and Pleurisie back aches and stiches  
and softens hard swellings

### VNGUENTUM EGYPTIACUM

Take of vert de greece finely poudered five parts ;  
honey fourteen parts ; sharp vinegar seuen parts ; boyle  
them to a Just thicknes & a reddif h Color

Jt Clenseth filthy Vleers & fistulates forcibly & not  
without paine ; it takes dead & proud flesh and dries

ZEROBABEL ENDECOTT 1679

## ARCEUS HIS LINIMENT.

Take of Gum Elemi, Turpentine of the fir tree, of Each one ounce and an halfe: old fheep Suet Clefsed two ounces: old hogs greas Clefsed one ounce; mix them and make them into an oyntment according to art.

Jt is vſed in fractures in the ſkull & for wounds & Vlcers in the ſkull, and Exelent for Vlcers if not too ferious in any part of the body though in the feet; it gently Clefeth & filleth vp an Vcle with flesh it being of a mild nature & freindly to the Body

## VNGUENTUM NICOTIANA OR OYNTMENT OF TOBACCO

Take of Tobacco Leaues bruifed two pound: ſteep them a whol night in Red wine; in the morning boyl it in fresh hogs greas, Dillegently waſhed, one pound, till the wine be Conſumed; ſtrain it, and ad half a pound of Juyce of tobacco Rozin four ounces boyl it to the Conſumption of the Juyce adding towards the End Round birthwort Roots in pouder, two ounces, new wax as much as is ſufficient to make it in to an oyntment.\*

\*OYL OF WHELPs. Oyl Olive, or Oyl of Lillies lb. iv., in which boyl two Whelps newly whelped. Earth-worms cleaſed or waſhed in Spirit of Wine lb.i, boyl all till the fleſh of the Whelps parts from the bones: then ſtraine all hard, and put to the Oyl, Venice Turpentine ſi, Spirit of Wine ſi, mingle them S. A. It is of wonderfull force to affwage pain, to help old brñifes, and aches, to bring Gnn-fhot wounds to ſuppuration, and to caufe the eſcar to fall off.—*Compendium of Physick (Salmon), London, 1671.*

OYL OF TOADS OF HARTMAN. Three or four living Toads, hoyl them a whole hour in oyle, Olive lb.ii, strain it, and keep it for uſe. This Oyl is of wonderfull virtue againſt Pimples, Morphew, Freckles, Sun-burning, Wheals, and redneſs of the ſkin or face; anoint the Skin or face once a day for certain dayes, after a little time the Wheals will fall off, and the Morphew or redhefs will be cured. *May Dew.* This is what falls in the Night, and hangs upon the Graſs next morning in ſmall Drops. It is extremely ſubtile and penetrating, from a volatile Nitre of the Air, with which it abounds. It has the repute, amongſt the Women, of being a Co/metic, and ſome Country People have learnt a way of mixing it with Powder of Brimſtone, for the Itch, to be uſed outwardly.—*Compendium of Physick (Salmon), London, 1671.*

The Vertues of this oyntment is to Cure Tumors Aposthums wounds Vlcers Gun fhot botches Scabs Jtch stinging with Nettles, Bees, wasps hornets Venemous beasts, wounds made with poysoned Arrows, it helps scoldings though made with oyle, burnings though with Lightning & that without scar it helpeth nasty Rotten stinking putrifyed Vlcers though in the Legs, whether the humors are most subiect to resort; in fistulaes though the bone be Afflicted, it shall scale it without any instrument & bring Vp the flesh from the Very bottom, a wound Dressed with it will neuer putrify: a wound mad with so smale a weapon that no tent will follow anoint but with this & you need not fear any Dainger; if your Headach anoint your temples with this & it shall haue Eafe the stomack being anointed with it no infirmity dares harbor there, no not, Asthmaes nor Consumtions of the Lungs: the Belly being anointed with it helps the Collik and Jliack passion & the worms it helps the Hemorrhoids or piles & is the best oyntment for Gouts that is, of all sorts.

*Joubertus*

### PILULA R[U]FFI

Take of Alloes two ounces mirrh one ounce: Saffron half an ounce; with Syrup of the Juyce of Lemmons mak it into a mass according to art

A Scruple taken at nite going to bed is an Excellent preseruatiue in pestilentiall times; also they Clenfe the body of such humors as are gotten by surfets, they strengthen the heart & weak stomach & work so Easily that you need not fear following your businels the next Day

### OYL OF ROSES\*

Take Roses and Jnfuse them in good oyle ollie in a glasse in the heat of the sun for sartaine Days while the oyl smele like Roses; oyl of Hipericon is made after the same manner

\*PARACELSIUS HIS PERFUME. Cow-dung, and distill it in Balneo, and the water thereof will have the smell of Ambergrease. It is a most excellent Perfume, abates the Heat of Feavers, and cures all inward inflammations. Dose 3*i.*—*Compendium of Physick (Salmon), London, 1671.*

**THE PREPARATION OF STEEL**

Take fillings of Steel well Clensed with a Load stone moysten them well 12 times with good Sharp white wine Vineger Dry it in the sun or a Dry air; Beat it in an Iron morter [ ] it vpon a marble with a Little Cinnamon water & so bring it into a Very fine powder

**CROCUS METALLORUM**

Take of y<sup>e</sup> best S<sup>t</sup> and Sal Petrae of each equall parts beat them into Powder feuerally then mixe them together put them into a hot Crucible with a Ladle or other Instrument Let it be beaten while the noise seafeth then Remoue it from the fire & Coole it, then the Vessell being broken Seperate it from the white Crust at the top & Keepe it for Vfe

**LAPI[S] INFERNALIS**

Take of Ly of which black Soap is made & boyl it to a Stone in a frying pan. Do not Consume all the humor, when it is Cold cut it in the form of a Dice & keepe it in a glafs Close stopped

**THE PREPARATION OF OPIUM**

Disolute the opium in Spirits of wine Straine it & Euaporate it to its due Confistence

**EMPLASTRUM DE MELILOTO SIMPLEX OR A PLAISTER OF MELILOT SIMPLE**

Take of Rozein eight pound, yellow Wax four pound; sheeps suet two pound; these being meltred ad green mellilot Cut Smale fие pound make it a Plaister according to art

Jt is a gallant Drawing & healing Plaister, no way offensive to any part of the body; it Clenfeth wounds of their filth, Ripeneth swellings & breaks them & Curs them when it hath Done; it if Spectiall good for thoſe Swellings Vulgarly in London Called fellons, in Sufſex Andicoms onely haue a Care of applying to the Legs because of its drawing quality to any other part of the boddy in

a Sore that hath any Putrefaction in it if none of the worst Plaster

#### FOR A FRACTUR OF THE SCULL

After the Scull is Layed open + and the Bones taken out By a Leuetur or Cut By a trapan then fitt a pece of Parchment of the same Bignes that the fractur is and oynt it with mell Rosarie or huny of Roses and aso the Edges of y<sup>e</sup> Bone & so put it in gently on apon the Dura mater that Ciuers the Braines and apon that a good Plegen of tow & a good bolster on that & so Continue that drefing while it is all most well & the bone hes Cast of & then finish the Cure with Arfeans his Linement; your parchment must haue a thrid fastened in the midle

#### BALSAM WATER

Take white Vitriole and put in faire Water in a Botle & stop it Close and when you aplye it to a wound mak it hott if you aply it to the Eyes aply it Cold Romen Vitrioll is Very good

#### [ ] GREAT SWELLING BY A SPRAIN OR HUMER

Take Brande and neats foote oyle and mixe them well, and Chafe it in Very hott and then put a pece of blew paper to it will take a waye the swelling pressantly

#### [ ] FOR CUTTS OR SORES

Take the Scine of Salt Beefe & so Laye it to the Cutt or fore

#### [ ] FOR TO HEALE OR DRY UP A SORE

Take Sallet oyle and Read Lead and boyle it well together and dipe peces of Lining Cloath in it Keep them for use

#### [ ] FOR THE AGUE

Take the Drye f hell of a Turtell beat smale & boyled in water while 2 thirds of the water be consumed & drinke of it 2 or 3 times when the Ague Cometh

FOR Y<sup>E</sup> GONOREA\*

Rec. Take y<sup>e</sup> Concurreue of Bettony flowers ʒvi: Bole. op<sup>t</sup> Dragons Blood ana ʒii Blood Stone ʒii Venef Tarpentine ʒi mix them to gether

## SPERRITS OF VRIN†

Take a great quantity of Vrin & Lett it ferment & stinke then Lett it freeze hart & then Drawe of that part which is not frozen & Distill it in a Limbick three times taking euery time the one halfe in Distilling then

\**Precipitate of Coral.* Powder of red Coral; dissolve in Magick Spirit (that is, Spirit of May-dew) precipitate with Oyl of Sulphur per campanum, then Sweeten, and digest with Spirit of Wine, abstract the Spirit, and you have a magistery will melt in your mouth like Butter.

It cools, dries and binds, strengthens the heart chiefly, then the stomach and Liver, purifies the blood, is good against Plague, Poyson, and malign Feavers; it makes men merry, stops all Fluxes of the belly, womb, or yard; it cures Gonorrhœa's, and prevents the Falling-sickness in Children, (if you give gr. x. to a new-born Child in its Mothers milk, before it takes anything else) in a Collyrium it helps rheumatick and sore eyes, and refreshes the sight. Dose a gr. vi.—*Compendium of Physick (Salmon), London, 1671.*

It is a very good Astringent, and given with success in *Diarrhoea's* and Definxions of all kinds. *Paracelus* speaks of *Amulets* made of *Coral*, against Inchantments, Fits, etc., but such Impositions are now deservedly laugh'd out of the World.—*English Dispensatory (Quincy), London, 1742.*

Coral is also listed in the *United States Dispensatory*, Phila., 1854.

†SPIRIT OF URINE. Sound boyes Urine (or Mens Urine), purifie it in a glafs Vessel 40 dayes, decant it from the feces, and still it in a glafs Gourd in Sand till all be dry; cohobate the distilled upon the Caput mortuum, and distill it in a Gourd with a long Neck, and there will ascend a Spirit and volatile Salt, which mix with the Spirit, and digest for some dayes: rectifie this till it is so pure and fubtil, that it will burn as fire, and dissolve Gold and precions Stones.

It purifies the blood, and opens all obstructions of the Spleen; it cures Feavers; it expels malign humours, provokes the Termes, and helps fits of the mother. Externally it abateth all inflamations, and cures Gouts, Gangreens, and Tooth-ach.—*Compendium of Physick (Salmon), London, 1671.*

The Salt of Urine is extremely penetrating and is efficacious inwardly in Rheumatisms and Arthritic Pains. Some have got a Notion of Urine being good for the *Scurvy*; and drink their own Water for that end; but I cannot see with what reason. Some drink *Cow's Pi's* as a Purge. It will operate violently; but it is practiced only amongst the ordinary People.—*English Dispensatory (Quincy), London, 1742.*

mix in a Little Sperits of wine twice destilled it is Very good in paines of y<sup>e</sup> Stomack and in feauers to Eas paines in the stomack [ ] 2 or 3 Dropes giuen in Beere or Water to childdren, to men or wimin 7 or 8 Drops at a time

### SPERITS OF VENUS

Take  $\text{\AA}$ s Veridis or Vardigres & put it in to a Retort of glasse without any mixture & destill of a sperits, it is very good Against worms in children or Elder people 3 or 4 or 5 Drops giuen in Beere or water in a morning fasting or at nite after super

### [ ] PILLS

Take Amber and Mastike of Each one quarter of an  $\mathfrak{z}$  Alloways  $\mathfrak{z}v$  Agrick  $\mathfrak{z}ij$  Aristalochia  $\mathfrak{z}i$  and beat them Very finale and sift them through a very fine siue and temper them with Sirup of Wormwood and make it Vp in pills about the bignes of a great pea and Take 2 or 3 of them as often as you Please when you goe to Bed which will Presarue the Stomache from all deseases and Suffer nothing to Putrify in it and Strengthen the head and the hart and Clenens the Raines and the Wombe

PROBATUS EASTE      JANUARY THE 10 1681

The Greene Oyntment that m<sup>s</sup> Feeld did Vse to make\*

\**Sympathetick Oyntment.* Boars grease, brains of a Boar, powder of wafbed Earth worms, red Sanders, Mummy, Blood-stone, a.  $\mathfrak{z}i$ , moss of a dead mans Sknl not buried  $\mathfrak{z}i$ , make an Oyntment, S. A.

All wounds are cured by this Oyntment, (provided the nerves and arteries be not hurt) thus: Anoint the weapon that made the wound daily once, if there be need, and the wounds be great; otherwise it will be sufficient to annoit it every other day. Where note. 1. that the weapon be kept in clean linnen, and in a temperate heat, lest the Patient be hurt; for if the dust fall, or it be cold, the sick will be much tormented. 2. that if it be a stab, the weapon be anointed towards the point descending. 3. if you want the weapon, take blood from the wound upon a stick, and use as if it were the weapon; thus the Tooth ach is cured by pricking the Gums, and anointing the instrument.—*Compendium of Physick (Salomon), London, 1671.*

Jt Cureth all Spraines and Aches Cramps and Scaldings and Cutts healeth all wounds it doth suple molyfy Ripen & Difolues all Kind of tumors hot and Cold and it will heale olde Rotten Sores and bites of Venemos Beasts itch and mangenes and stench bloud it Easeth Swelling and paines of the head and throte Eyes and Eares Gout and Seattica and all outward Greefes

Take baye Leaues, Wormwood, Sage, Rue, Cammemoyle, melleolute, groundfell, Violets, Plantaine, oake buds or Leaues [ ] Suckery Purflne, Lettuc, Red colworts, Saint Johns wort, mallows, mullin, Jfop, Sorrell and Comfrye, yarrow, and Dead Nettles, and Mint, mugwort, Rose leaues, gather them all in the heat of the Daye, pick them Cleene but wash them not, Beat them well then take Sheepe Suett three Pound Picke it Cleene and Shrid it Smale Pound them all well together, then take 2 quarts of Sallet oyle then work them all together with your hand till it be all a Like then put it in an Earthen Pott and Couer it Clofe and Lett it Stand 14 Dayes in a Coule Place then Sett it ouer a Softe fire and Lett it Boyle 14 howers Stiring it well then put into it 4 ounces of oyle of Spicke then Straine it through a Corse Cloath & put it into [ ] Pott and Couer it Cloafe and Keepe it for your vse

*Earth Worms.* These are often used in Compositions for cooling and Cleansing the Viscera. They are good in Inflammations and Tubercles of the Lungs and in Affections of the Reins and Urinary Passages. *Syrup of Snails.* Take Garden-snails early in the morning, while the dew is upon them, a pound; take off their shells, slit them, and with half a pound of fine Sngar putt into a Bag hang them in a Cellar, and the Syrup will melt, and drop through, which Keep for Use. This is not kept in the shop, but is worth making for young Children inclining to Hectics and Consumptions. A Syrup of Earth-worms may be made in the same manner for the like Intentions. *Frog's Spawn.* This another Cooler, but it is an insipid Phlegm, and good for nothing more than common Rainwater; and will not Keep long without mothering and stinking.—*English Dispensatory (Quincy), London, 1742.*

Z E PROBATUM

FOR Y<sup>E</sup> TOOTHE ACHE\*

Take a Little Pece of opium as big as a great pinnes head & put it into the hollow place of the Akeing Tooth & it will giue preasant Ease, often tryed by me apon many People & neuer fayled Zerobabel Endecott

[ ] BLOODY FLUXE

Take the harts of Dolfins and Dry them, and grate them to powder and giue a spoonefull of the powder in Rome or Brandy and it is a prefant Remedy also the harts of other fish is Verry good Vfed in the same manner Probatum Z E

Doc<sup>r</sup> [ ] WOTER

R take three quarts of Muscadine & boyle in Jt sage Rue of Each a handfull untill one pt be wasted Straine it ; Set it ouer the fier ading their to a draghm of long peeper ginger nutmegs of Each 1-2 oz wel brused boyle it a little ad 1-2 oz Th Andromichus three draghms of Metheratake 4 oz of Aq Angelica ; and a sat[isfactory] quantity of the rootes

This water as Saith the author Should be Kept as y<sup>e</sup> life or as the most presfhes thing in the world ; the dose is halfe a spoone full

\*TOOTH ACHE. Picking the gums with the bill of an osprey is good for the tooth-ache. Scarifying the gnms with a thorn from a dog-fish's back is also a cure.—*New Englands Rarities (Josselyn), London*, 1672.









